



GRAND AVENUE DANCE HANDBOOK

Contents

Welcome	3
Dance Staff	4
Dance Ensembles	5
Non-competitive	5
Competitive.....	6
Fees	7
Creative Generations	7
Dance Schedule	8
Attendance	9
Uniform and Dress Code.....	9
Rehearsals	9
Performances	9
Dance Kit.....	9
Eisteddfods and Competitions	10

Welcome

Welcome to our Grand Avenue State School Dance Program. This extra-curricular program provides students with the opportunity to develop confidence, creativity, teamwork and physical fitness through dance. Students are provided with technical training by qualified dance teachers in jazz, contemporary, lyrical and hip-hop dance styles. We aim to create a positive, inclusive and supportive environment where all students feel encouraged to try their best and enjoy performing.

This handbook outlines the expectations, routines and information required for students and families participating in the program. Please read carefully and keep this handbook for future reference.



Dance Staff

 <p>Miss Ellie Beech – Dance Coordinator <i>Troupe</i> <i>Hip-Hop crews</i> ebeec8@eq.edu.au</p>	 <p>Ms Lynda Morcus <i>Dance Year 3</i> lxmor10@eq.edu.au</p>
 <p>Miss Sam Fosse <i>Dance Year 4</i> sfoss0@eq.edu.au</p>	 <p>Miss Emma Montocchio <i>Dance Year 5</i> emont47@eq.edu.au</p>
 <p>Mrs Kate Maxwell <i>Dance Year 6</i> kxhar10@eq.edu.au</p>	 <p>Miss Amanda Brown <i>Sports Aerobics Prep to Year 2</i> albro1@eq.edu.au</p>

Dance Ensembles

Non-competitive

Dance Class – Year 3, Year 4, Year 5, Year 6

These non-auditioned dance classes provide students with the opportunity to participate in dance for enjoyment. The aim of the group is to develop musicality, coordination, confidence and stage presence while learning skills in the jazz dance style. Students will perform at school assemblies and at the school's Night of Dance in Term 4. Please note that class numbers are capped; once capacity is reached, students will be placed on a waitlist.

Mini's Hip-Hop – Prep to Year 2

This non-auditioned dance class gives students the opportunity to enjoy dance in a fun and supportive environment. Students will learn foundational hip-hop skills while developing coordination, confidence, and teamwork. Students will perform at school assemblies and at the school's Night of Dance in Term 4. Please note that class numbers are capped; once capacity is reached, students will be placed on a waitlist.

Hip-Hop Development Squad Years 4 to 6

The Hip-Hop Development Squad is an invitation-only program, with students selected following the hip-hop auditions. This group is designed for students who show strong potential and a commitment to further developing their hip-hop technique, performance quality and confidence. Students will perform at school assemblies and at the school's Night of Dance in Term 4.

Please note that participation in the Hip-Hop Development Squad does not guarantee a place in Avenue Crew in future years.

Sports Aerobics – Prep to Year 2

Sports Aerobics is offered to students through an external provider, Meg Ryan Sports Aerobics. This is a user-pays program, with weekly fees of \$15.00. Students will perform at school assemblies, at the school's Night of Dance in Term 4 and may be invited to perform at the Meg Ryan Showcase.

Competitive

Troupe – Years 4 to 6

This auditioned dance team provides students in Years 4–6 with the opportunity to participate in competitive dance. The aim of the team is to build on existing skills in musicality, coordination, confidence, and stage presence while developing technique in jazz, contemporary, and lyrical dance styles. Students will compete in eisteddfods and perform at school events throughout the year including assemblies and the school's Night of Dance in Term 4.



The Avenue Crew – Years 4 to 6

This auditioned dance team provides students in Years 4–6 with the opportunity to participate in competitive dance. The focus of the team is to build and refine skills in the hip hop dance style. Students will compete in eisteddfods and competitions and perform at school events throughout the year including assemblies and the school's Night of Dance in Term 4.



Fees

Dance is an extra-curricular activity. All fees must be paid by the due date.

Dance Class (Years 3-6) – non-competitive	\$60
Mini's Hip-Hop (Prep to Year 2) – non-competitive	\$60
Development Squad (Years 4-6) – non-competitive	\$80
Sports Aerobics (Prep to Year 2) – non-competitive	\$15 per lesson
Troupe (Years 4-6) – competitive	\$100
The Avenue Crew (Years 4-6) – competitive	\$120

Annual fee is inclusive of:

- weekly lessons with a qualified dance instructor
- music (including copyright and permissions)
- participant badges

Additional inclusions for competitive teams:

- eisteddfod entry fees
- competitor passes

Please contact the school office if you have any concerns regarding payment.

Creative Generations

Creative Generations Onstage (CGen) is a performing arts initiative run by the Queensland Department of Education for Queensland state schools. Approximately 1,700 Prep–Year 12 students participate each year, with rehearsals held throughout Term 2, followed by four days of rehearsals and performances at the Brisbane Convention and Exhibition Centre (BCEC) at the beginning of Term 3.

Participation in this program involves additional costs, which are advised shortly after acceptance into the program. Costuming is kept to approximately \$50 for massed dancers, with featured costumes potentially incurring higher costs. The program also requires attendance at weekend rehearsals and participation in show week at South Bank in July. During show week, parents are responsible for student drop-off and pick-up for dinner breaks, as well as after performances, which may conclude around 10:00pm.

Student numbers may be capped by the program organisers. If this occurs, parents of nominated students will be contacted directly.

This program is fully funded by parents and guardians and relies on parent supervision during show week.

Students participating in Troupe and The Avenue Crew should be aware that CGen rehearsals and performances may clash with eisteddfods and competitions. In such cases, **GASS eisteddfods and competitions will take priority**.

Dance Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
AM			Troupe Years 4-6 7:20am – 8:30am Auditorium		
PM	Sports Aerobics Prep to Year 2 3:00pm – 4:00pm Auditorium		Dance Class Year 3 3:00pm – 4:00pm Dance Room	The Avenue Crew Years 4-6 3:00pm – 4:00pm Auditorium	
	Dance Class Year 5 3:00pm – 4:00pm STEAM Room		Dance Class Year 4 3:00pm – 4:00pm Auditorium	Mini's Hip-Hop Prep to Year 2 4:00pm – 4:30pm Auditorium	
	Dance Class Year 6 3:00pm – 4:00pm Dance Room			Hip-Hop Development Squad Years 4-6 4:30pm – 5:00pm Auditorium	

In the lead-up to competitions, additional or extended rehearsals may be required. Families will be notified by the dance teachers in advance.

Attendance

Attendance in Grand Avenue Dance requires a full-year commitment and is essential to the success of the group.

- Students are expected to attend all rehearsals.
- Parents should notify the relevant dance teacher if a student will be absent.
- Repeated absences may affect a student's role in performances.
- Attendance is especially important in the lead-up to performances and events.
- Attendance at competitions is compulsory.

Uniform and Dress Code

Rehearsals

- School sports uniform. Performing Arts shirt can be worn on rehearsal days.
- Appropriate footwear (e.g. jazz shoes, sneakers or bare feet as instructed).
- Hair tied back securely.
- No jewellery (for safety reasons).

Performances

- Costumes supplied by families.
- Students must take care of all costumes and accessories. Costumes will not be stored at school.

Dance Kit

- Performing Arts Shirt (all dancers) – GASS Uniform Shop.
- Black jazz shoes (Troupe/General)
<https://energetiks.com.au/products/jazz-boot-neoprene>
- Stockings x2 (Troupe - jazz)
<https://energetiks.com.au/products/professional-high-gloss-tight-footed?variant=50382036009236>
- Skin toned underwear (Troupe)
- Make-up kit (Troupe/Avenue Crew) – foundation, blush, eyeshadow, eyeliner, mascara, lipstick, wipes, make-up remover.
- Hair kit (Troupe/Avenue Crew) – brush, hair spray, gel, bobby pins, extra hair ties.

Eisteddfods and Competitions

2026 Proposed Dates (Dates and Times TBC with program release)

Event	Teams	Dates
BPAC <i>Riverlife Church</i>	Troupe The Avenue Crew	Between June 1-5
Ipswich Dance Eisteddfod <i>Ipswich Civic Centre</i>	Troupe The Avenue Crew	Between June 11-21
Rumble State <i>ERPAC</i>	The Avenue Crew	Saturday 4 July (school holidays)
QUOTA Beenleigh Eisteddfod <i>Logan Entertainment Centre</i>	Troupe The Avenue Crew	Friday 7 August
Dance X Regionals <i>Moreton Bay College</i>	Troupe The Avenue Crew	8-9 August
Rumble Championships <i>ERPAC</i> (depending on previous results)	The Avenue Crew	19-20 September
Dance X QLD State Finals <i>Matthew Flinders Events Centre</i> (depending on previous results)	Troupe The Avenue Crew	12-10 October
House of Champions <i>ERPAC</i>	The Avenue Crew	Saturday 17 October