PRINCIPAL’S COLUMN

I would encourage you all to attend our fete on Sunday. The P&C has worked incredibly hard to bring this event together. Staff and students have also been making significant contributions and would love your support. The P&C have made significant contributions to the school this year including the initial installation of air conditioning units in prep and year one rooms along with the upgrade to the school’s power board. The association is also looking at ways to provide shade for the banks of the oval and is also working with the school to identify other areas of support for students and staff.
I am extending an urgent reminder to families of year seven students who have yet to finalise payments for the Canberra Tour. Payments close on Thursday 19th September (11.15am). In the initial letter of 26 February, it was advised that the first $200 of the $795.50 is considered a non-refundable deposit. Reminder letters were also posted last week to families with an outstanding balance of more than $200. I am very keen to take as many students as are wanting to come but full payments need to be made by this time for the subsequent planning, flight booking etc. to proceed.

I look forward next week to spending Thursday afternoon and overnight at the Year Five excursion to Camp Goodenough. The students are looking forward to this extra-curricula activity and I will be using the opportunity to interact with the children as a pre-cursor to being their Deputy Principal and Canberra Tour co-ordinator next year. 2014 sees both year six and year seven students in their final year of primary school invited on the Canberra Tour. I would like to thank the staff and parents attending the year five camp for the extra time and planning they have put in to making the camp a success.

Mrs Brassington is looking forward to return to her role as Principal in term four. I would like to take this opportunity to thank all who have assisted me to fulfil this role since May of this year. This includes staff, P&C, families and community in general and indeed, my own family. This is a wonderful school made up of wonderful, dedicated people and having had this amazing opportunity to lead the school leaves me with an overwhelming sense of pride for which I will be ever grateful. I hope students will come back in term four well-rested and looking forward to all that term four will bring. Please stay safe over the school holidays.

Warm regards,

Craig Thorne
Acting Principal

INCURSION/EXCURSION DUE DATES

It is important that parents adhere to the due dates for incursions and excursions. Please find below the list of upcoming events and due dates.

<table>
<thead>
<tr>
<th>Date of Activity</th>
<th>Activity</th>
<th>Year Level</th>
<th>Cost</th>
<th>Final Date for Payment</th>
<th>Included in Bulk Offer?</th>
</tr>
</thead>
<tbody>
<tr>
<td>4/5 Nov</td>
<td>Bugs Ed</td>
<td>1</td>
<td>$8</td>
<td>20 Sept</td>
<td>Yes</td>
</tr>
<tr>
<td>25-29 Nov</td>
<td>Canberra Tour</td>
<td>7</td>
<td>Balance</td>
<td>20 Sept</td>
<td>Yes</td>
</tr>
<tr>
<td>6 Dec</td>
<td>Christmas Theatre</td>
<td>Prep</td>
<td>$6</td>
<td>19 Sept</td>
<td>Yes</td>
</tr>
<tr>
<td>Dec</td>
<td>Green Energy</td>
<td>3</td>
<td>$6</td>
<td>19 Sept</td>
<td>Yes</td>
</tr>
</tbody>
</table>

The final payment date for students attending the Canberra Tour is 19th September 2013.

Medical/Consent Forms must also be returned on or before this date.

*Canberra Tour information is available on the school website - [https://grandavenuess.eq.edu.au](https://grandavenuess.eq.edu.au)*

Your co-operation is greatly appreciated.

SCHOOL SECURITY

If you suspect trespassers or persons are deliberately attempting to damage school property, please phone either:

- **School Watch Program** ...... 13 1788
- **Crime Stoppers** ................. 1800 333 000
- **Forest Lake Police Beat** ...... 3372 5834
- **State Govt Security Service** .. 3224 6666
- **Forest Lake Rangers** .......... 1300 731 735
Two teams of Grand Avenue State School students recently competed in the Opti-Minds challenge. The Social Science team and Language Literature team both performed well on the day with the Language Literature team taking out second place in the Brisbane West region.

One student described Opti-Minds as being about creativity, team-work, hard work, drama and really understanding the spirit of Opti-Minds. In Opti-Minds you are given a challenge and you have to answer it as creatively as possible. There are two types of challenges in Opti-Minds; a long term and a spontaneous.

In the spontaneous challenge a team of up to seven students is given a question and the team have just 10 minutes to answer it as creatively as possible on the day of competition.

In the long term challenge the team is given six weeks to solve a problem in the form of a play which is then acted it. Team members have to make all the props write the script themselves.

A huge thank you must go to the supportive parents of the students involved.

Annette Smith
Opti-Minds Facilitator

Some comments from Opti-Minds participants:
I was very excited when I heard my team had come second. It was really surprising. I knew that we had nailed our long term question because the judges looked so impressed but I was not sure about the spontaneous. It turned out that all our hard work had paid off. I really enjoyed doing Opti-Minds besides the part when the team got into the occasional quarrel. Opti-minds really does bring out your inner creativity. - Aleksandar

I enjoyed the experience because I became friends with some new people. Opti-Minds really made me think about different perspectives to different questions. It was tough but I’m glad I got into Opti-Minds. – Laith

Opti-Minds is a challenging yet exciting event that I have thoroughly enjoyed. It challenges your determination, thinking skills and more to the best of your abilities, widely enhancing your mind in everyday activities including school. - Rohan
Greetings All,

HURRY – there is still time to RSVP if you would like to attend this seminar!

Professor Paula Barrett – Parenting Seminar

**Topic** - **Strong Not Tough: Building Resilience in Families**

**Date** - Tuesday, 17th September, 2013

**Timing** – Start: 7.00pm for 7.15pm. Finish: 9.15pm

**Venue** – Pallara State School, 282 Ritchie Road, Pallara.

**Cost** – a donation of $5, please, which Paula will pass on to the charity, Furry Friends.

**RSVP** – by Friday, 13th Sept to Chaplain Kathy: chaplain@grandavenues.eq.edu.au

Light refreshments will be provided.

Professor Paula Barrett, B.Sc (Hons), M.Clin.Psych., MAPS, PhD, is internationally recognized as a leader in the field of resilience and child development. Paula is also the author of the FRIENDS Resilience Programs, which are endorsed by the World Health Organisation. At Grand Avenue State School, we run Fun Friends every year for a term in all Prep classes.

*Put this date in your diary and plan to bring along family and friends for this valuable evening of learning.*

**Thanksgiving Service for our Pets – All Creatures Great and Small!**

On **Sunday afternoon, 22nd September**, people and their pets are welcome at Forest Lake Uniting Church’s property at 528 Waterford Rd, Ellen Grove. An outdoor service of thanksgiving and blessing for our pets will be held at 2.30pm. Everyone is welcome from 2.00pm. Afternoon tea will be provided. Parking available on-site.

**Special feature: Animal Nursery from Barnyard Babies.**

Pets are to be brought either in a cage or on a lead and are the responsibility of their owners.

*For more information, call Rev Russell Reynolds on 0429 472 567*

Blessings,

Kathy Williams, School Chaplain.
Email: chaplain@grandavenues.eq.edu.au
Mobile: 0419 342 055

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DON’T FORGET!

**FINAL DATE FOR CANBERRA TOUR**

**PAYMENT IS NEXT THURSDAY,**

**19TH SEPTEMBER BY 11.15AM.**

**DON’T MISS OUT!**
Year 4

Camp Warrawee

A Recount

Where do you find low ropes, a giant swing, rock climbing and canoeing? At Camp Warrawee that is where! I was so excited as I rode in the bus next to Ella on the way to Camp Warrawee where we were going to spend the next two days. I was very cheerful and just couldn’t wait any longer....

I arrived at the camp site with my suitcase and stared in amazement at the dirty, old looking cabins. Ella and I pulled out our cameras and immediately began taking pictures of unexpected things. But there was one rule. We were not allowed to take pictures in the cabins. I was disappointed when I was told that.

The activities were fun and cool to participate in. I was in the wolves group. First up was rock climbing and I made it to the very top once and halfway twice. I was proud of myself. After that all classes 4 A, B and C had morning tea. It was yummy. Then we participated in low ropes and it was similar to an obstacle course. It was all about trust, balance and teamwork.

We had a few meals a day but I didn’t get full because all the activities made me hungry and thirsty. Then it was time for lunch. I had a hamburger and it filled me up so that I could do the next activity. It was orienteering and we had to have our buddy with us. Time passed, and I slowly became tired. We had our showers and free time and went to the dining hall to have dinner. I had chicken, chips and gravy. And the chicken was GIANT!!! After we had cleaned up we watched Mr Bean.

Slowly the night passed, and we rose and shone early to play ball games, archery, nature study and orienteering again. Out of all of these archery was probably the best activity. We had to try and get the arrow on the target that was hanging on something that looked like a frame. Sadly, my arrow didn’t get onto the target.

The next day, we all woke up early and quickly went up to the dining hall to have breakfast. Straight after this the wolves had the canoeing activity. The instructor took a long time telling us all the safety rules. We got into groups of three because only three people could fit in each canoe. I ended up being in a group of two with Caitlin. It was my first time canoeing but I was sure what to do. It was actually harder than I thought but then I got the hang of it. My group was late for morning tea so we ate hurriedly and then got changed ready for the giant swing activity.

The giant swing activity wasn’t as fun as I thought it would be and it didn’t go as high as I thought. That was the last activity before we left to go home. We had chicken schnitzels for lunch on bread rolls. Then it was time to leave. On the bus ride home I got very tired. It was the best camp ever!!! My favourite thing was the Talent Quest. I was nervous because we were going to be the first group up performing. Ella, Caitlin, Litia and I were all so proud of ourselves. We were awarded for the most energetic performance!!!!

By Chloe
4C
P & C NEWS

GRAND* FETE* BAZAAR!

THIS SUNDAY!!!!

Official Opening and Music Group Performances from 8.45am
Markets from 8.00am – 3.00pm
Rides from 9.30am – 2.30pm

Come along, join in the fun and support our school!!

REMINDER....

Canteen News

WEDNESDAY to FRIDAY – ON-LINE ORDERING ONLY

From the beginning of next term, the canteen will be accepting on-line orders only on Wednesdays, Thursdays and Fridays using the Flexischools website.

There will be no over the counter sales on those days.

www.flexischools.com.au
Arriving late for school, leaving early .... Just a little bit doesn't seem much but ....

<table>
<thead>
<tr>
<th>He/ She is only missing just....</th>
<th>That equals....</th>
<th>Which is.....</th>
<th>&amp; over 13 yrs of schooling that's...</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 minutes per day</td>
<td>50 minutes per week</td>
<td>Nearly 1.5 weeks per year</td>
<td>Nearly ½ year</td>
</tr>
<tr>
<td>20 minutes per day</td>
<td>1 hour 40 minutes per week</td>
<td>Over 2.5 weeks per year</td>
<td>Nearly 1 year</td>
</tr>
<tr>
<td>Half hour per day</td>
<td>Half a day per week</td>
<td>4 wks per year</td>
<td>Nearly 1½ years</td>
</tr>
<tr>
<td>1 hour per day</td>
<td>1 day per week</td>
<td>8 weeks per year</td>
<td>Over 2½ years</td>
</tr>
</tbody>
</table>

ARE YOUR CONTACT DETAILS CORRECT??
Please advise the office as a matter of urgency if any of your details, have changed, ie. phone numbers, address, emergency contacts!

Instrumental Lessons

<table>
<thead>
<tr>
<th>Woodwind Lessons</th>
<th>Instrumental Room (L Block)</th>
<th>Mrs Zorzetto</th>
<th>Tuesdays</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brass/Percussion Lessons</td>
<td>Instrumental Room (MPA)</td>
<td>Mrs Stiller</td>
<td>Wednesdays</td>
</tr>
<tr>
<td>Strings Lessons (Senior/Intermediate)</td>
<td>Instrumental Room (L Block)</td>
<td>Mr Hoey</td>
<td>Wednesdays</td>
</tr>
<tr>
<td>Strings Lessons (Junior)</td>
<td>Instrumental Room (L Block)</td>
<td>Mr Hoey</td>
<td>Fridays</td>
</tr>
</tbody>
</table>

Ensemble Times

<table>
<thead>
<tr>
<th>Activity</th>
<th>Location</th>
<th>Teacher</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Strings</td>
<td>Auditorium</td>
<td>Mr Hoey</td>
<td>Friday</td>
<td>7.30am</td>
</tr>
<tr>
<td>Intermediate Strings</td>
<td>Instrumental Room</td>
<td>Mr Hoey</td>
<td>Wednesday</td>
<td>10.30am</td>
</tr>
<tr>
<td>Senior Strings</td>
<td>Auditorium</td>
<td>Mr Hoey</td>
<td>Wednesday</td>
<td>7.30am</td>
</tr>
<tr>
<td>Chamber Strings</td>
<td>Instrumental Room</td>
<td>Mr Hoey</td>
<td>Friday</td>
<td>10.30am</td>
</tr>
<tr>
<td>Junior Band</td>
<td>Music Room</td>
<td>Mrs Stiller</td>
<td>Wednesday</td>
<td>7.45am</td>
</tr>
<tr>
<td>Senior Band</td>
<td>Auditorium</td>
<td>Mrs Zorzetto</td>
<td>Tuesday</td>
<td>7.30am</td>
</tr>
<tr>
<td>Junior Choir</td>
<td>Music Room</td>
<td>Mrs Lanham-Sawyer</td>
<td>Tuesday</td>
<td>11.00am</td>
</tr>
<tr>
<td>Senior Choir</td>
<td>Music Room</td>
<td>Ms Short</td>
<td>Monday</td>
<td>10.30am</td>
</tr>
</tbody>
</table>
HAVEN'T DOWNLOADED THE QSCHOOLS APP YET?

YOU’RE MISSING OUT ON LIVE INFORMATION DELIVERED DIRECTLY TO YOUR SMARTPHONE FROM THE SCHOOL WEBSITE.

KEEP UP TO DATE WITH WHAT’S GOING ON AT GRAND AVENUE AND DOWNLOAD THE FREE APP TODAY!

QSchools

STRONG NOT TOUGH: Building Resilience in Families

Anxiety disorders represent the most common form of psychological distress in children and adolescents. Anxiety is a common emotion that many of us will feel at some stage in our lives. However, it can often be associated with excessive worry about common life situations. It is important for us as parents to understand how to best support our children to develop resilience and grow through these everyday challenges. So please join us as we listen to Professor Paula Barrett’s wealth of knowledge on how to support our children through anxiety.

Internationally recognised as a prominent scholar and groundbreaking researcher in the field of child psychology, Paula has a distinguished reputation as a keynote presenter in the area of prevention and treatment of anxiety and depression. Paula is also the founder of ‘Pathways Health and Research Centre’ and authored the ‘Friends for Life’ and ‘Fun Friends’ programs, which are now used in schools and clinics all around the world.

RSVP by Friday 13th Sept to chaplain@grandavenue.ss.eq.edu.au

Lake’s Swimming Club

FIND US ON FACEBOOK at Lake’s Swimming Club

NEW SEASON ~ SIGN ON ~

Saturday 14th September

7am to 11am at Sam Riley Swim School, High Street Forest Lake

Contact Vice President ~ Dianne Remington on 04000 155 39 OR lakesswimming@gmail.com

the sport you can enjoy for life

Membership is open to all swimmers of any age, provided they can swim 12.5m unaided
POTTERY WHEEL FUNSHOP
WITH BAZIL GRUMBLE!

Sunday 22 September 2013 from
10am – 12 noon and 1.30 – 3.30pm

Throw yourself into the fun and engaging world of pottery. Experienced artists will guide you through the techniques of pottery wheel throwing and hand sculpting. Find muscles you never knew you had in this physical and fun activity. We’ll be presenting two sessions of our Pottery Wheel Funshop on the day. Come for one, or for both.

St John’s Anglican College – Alpine Place, Forest Lake
Please meet us at the undercroft

This workshop is presented as part of Brisbane City Council’s Chill Out program and is recommended for children from 10 – 17 years.

Registration is essential for this workshop, and can be made by visiting www.bazilgrumble.com.au

Contact the Bazil Grumble team on 0411 246 487, or email admin@bazilgrumble.com.au with any enquiries.

Please note there is a $5 fee per participant, per workshop.